



10th International Congress of STRESS, PERFORMANCE & WELLNESS

Date: 15th - 16th December, 2023

Venue: Jawaharlal Nehru Technology University Hyderabad (JNTUH)
Kukatpally, Hyderabad, India

Organised by



Inauguration & Awards Ceremony

15 Dec 2023 (Day 1)
09.30 am to 11.00 am (IST)



Chief Guest

Prof. Katta Narasimha Reddy

Vice-Chancellor, JNT University Hyderabad

Programme Schedule

Tea - Break

11.20 am to 12.00pm -Keynote Theme 1

Cutting Through the Clutter: Work Stress and Professional Identity



Dr. Marcus Fila

-Hope College, USA

12.00 pm to 12.30pm -Keynote Theme 2

AI in Managing Stress in Higher Education



Dr. Sundar Manoharn

-Director General, PDE Univ., Gujarat

12.30 pm to 01.30 pm -Panel Discussion 1

Wellness and work-life balance for Corporate and Working Women



Dr. Rajesh

- Exe. Dir., Promea, Hyd



Ms. Lavanya Maligonda

- CHRO, B.E., Hyd



Mr. Devi Prasad Dash

- CHRO, Apollo life, Hyd

02.15 pm to 03.15 pm - Panel Discussion 2

Performance issues in Leadership, Cross-Cultural and Virtual Teams



Mr. Srikanth Surampudi
- GM(HR), TCS, Hyd



Dr. Ritu Sharma
- Dean, SLS, PDE Univ., Gujarat



Mr. Suresh Samudrala
- Head HR, SATVEN, Hyd

03.15 pm to 03.45 pm -Keynote Theme 3

Agile Performance and Employee Engagement: Handling Role Stress



Dr. Udaya Kumar Reddy
-ISMA, India
Tea - Break

04.00 pm to 05.00 pm - Panel Discussion 3

Organizational Learning and Development - Innovations and Approaches



Dr. Anand Reddy
-GM. L&D Hetero, Hyd



Dr. Ravi Dasari
- President & Group Head-HR, Jasper, Hyd



Mr. B. Viswanath
- Regional Trg. Mgr., Bigbasket

05.00 pm to 05.30 pm -Keynote Theme 4

Enabling Well-being at Workplace



Ms. Jane Thomas
-United Kingdom

16 Dec 2023 (Day 2)

09.00 am to 10.45 am -paper presentations.

Concurrent Sessions

Education & Others Track (Room 1)

Prof. V. Shekhar - UCMH, JNTUH, Hyd

Dr. P. Swathi - Osmania University, Hyd

Health Track (Room 2)

Prof. Nilesh Thakre - SNDT Women's Univ., Mumbai

Dr. Subhashini - Gitam Univ., Hyd

Occupation Track (Room 3)

Prof. Sandeep Kumar - B H Univ., Varanasi

Prof. Nayeem - IBS, ICFAI Univ., Hyderabad

Mrs. A. Santosh Kumari - UCMH, JNTUH, Hyd

Tea - Break

11.00 am to 11.30 am -Keynote Theme 5

Emotional agility: crucial for survival in the stressful business world

Ian Shakespeare

- Australia



11.30 am to 12.30 pm -Panel Discussion 4

Health & Behavior Safety interventions in Industry: Recent Advances



Prof. Sandeep Kumar

-Dept. of Psy., BHU, Varanasi



Mr. Tapas Saha

- Sr.VP, EHS, Aurobindo, Hyd.



Mr. Arivind Savargaonkar

- CEO., STREBEN Healthcare, Pune

12.30 pm to 01.30 pm - Panel Discussion 5

Socio-economic, Organizational and Cultural Dynamics of Stress



Prof. Nilesh Thakre

- Dept. of Psy., SNTD W Univ., Mumbai



Dr. P. Swathi

- Dept. of Psy., Osmania Univ, Hyd



Ms. Sirisha Kommireddi

-AVP & G H(TD), Cigniti , Hyd

Lunch - Break

02.15 pm to 03.15 pm - Panel Discussion 6

Academic Stress on health: Cognitive, Behavioral and Burn-out Aspects



Prof. G. Padmaja

- Dept. of H Psy., HC Univ., Hyd



Prof. Sindhu

- Principal, UCMH, JNTUH, Hyd.



Dr. Shanmukhi

- Clinical Psychologist, KIMS, Hyd

03.15 pm to 03.45pm - Keynote Theme 6

Occupational Health, Work burn-out and Role of biofeedback at Workplace

Dr. Ingrid Pirker-Binder

-Austria



Tea - Break

04.15 pm to 05.00 pm -Valediction

Visit: www.isma.org.in/icspw2023

Call: +91 9701736007, Email: info.icspw@gmail.com

Registration is Compulsory to participate

If not registered Click Here

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